

TAKE IT *OFF!*



Our favourite former reality TV star Davis Mallory is back – shirtless, sober and sexier than ever!

By Marc Andrews

DNA: We love your new track *Shirtless*. Did you write it in the shower?

Davis: No! My publicist asked me which of all my Instagram photos gets the most likes. I told her it was shirtless photos and she told me to write a song called *Shirtless*. Days later I opened for Eurovision winner Netta at EuroPride in Stockholm and then I wrote *Shirtless*. It was supposed to be about me being shirtless, but I found more inspiration writing about the hot shirtless guys in the audience causing distraction and making you nervous! [Laughs]

What's your favourite place to be shirtless?

After writing *Shirtless* I went to Tel Aviv, an amazing city filled with shirtless men with perfect bodies. I swore I'd find my husband in that city and by the end of the trip I left with a boyfriend.

What's the best thing to wear when shirtless?

Aside from going pants-less [laughs] it's great to go shirtless in a pair of old blue denim jeans and some white undies. My other go-to is workout shorts and tennis shoes. I'm shirtless around the house most of the time. I'm in LA today, shirtless.

DNA is very big on shirtless pics. What are your best ones like?

Right after I've worked out at the gym, when I look the most ripped.

Last time you chatted with DNA you were taking a break from romance. What happened?

I met a singer/songwriter in Israel named Elhay Cohen. We began a long-distance relationship that evolved into a close friendship. More than looking for romance, though, I'm looking for meaningful relationships.

You also promised you'd wear a speedo sometime. Has that happened?

Dang, I don't think I have yet but, if I come to perform in Australia, I'll be true to my promise. [Laughs]

Any further ventures into reality TV?

I just starred as an actor in Ingrid Andress' music video for *More Hearts Than Mine*. I plan to do more acting, specifically roles that will show me singing.

If there was a gay *Love Island* show would you go on it?

I would. I was approached by LOGO's gay dating show, *Prince Charming* to be on season two but the show didn't get renewed so it didn't happen.

Where will we find you most days now?

Sadly, my grandfather died this March so I've been spending more time in my home state of Tennessee, so I can be with my grandmother. I regularly stop by her house to help out with things she can't do and go to church with her

on Sundays. Aside from that I spend my time divided between songwriting, performing and DJ-ing.

What's been happening in your music career?

I performed on the remake of *Blue* by Eiffel 65 to commemorate its 20th anniversary. I also teamed up with DJs From Mars on *Dance 2 The Beat*. My current focus is my follow-up project, written and recorded largely in Stockholm.

When will we hear that long-promised album from you?

It's looking like a 2020 release.

What does the next 18 months look like on your schedule?

I'm considering a move to Europe to do more music, or LA for acting opportunities. I'd love to come to Australia soon. I met an astrologer who told me Australia would be a good place for me to visit, or live, and I've never been. I have a music video with Emmy-winning filmmaker Josh Shreve for my song *Downtown*, a musical collaboration with Russian artist Deekey. This Halloween I'll release a song I wrote with LA-based producer Nicopop and artist Kyan Palmer called *RIP*. It speaks to "the death of the old me" which is about me becoming sober. I'm excited for both to be released. *Shirtless* is also featured in an episode of the MTV *Challenge* and can be heard in the Pool Boy swimwear ad on YouTube.

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If I come to perform in Australia, I promise I'll wear a speedo...

Where were you when the world celebrated Stonewall's 50th?

I was performing in New York City at WorldPride for Stonewall's 50th. I sang at The Bowery Electric then attended the World Pride Opening Ceremony the following night. In June I released a pride-themed ballad, *Grown Up*, co-written with NYC duo Derek Gregor and Selda Sahin discussing bullying, homophobia and issues faced by many LGBTQ youth.

How do you stay in "shirtless" shape?

I'm really passionate about feeding your soul with positive things. I'm on a 21 day fast, the Daniel Fast, inspired by Biblical character Daniel. For 21 days I haven't eaten animal products and removed caffeine. I only consume fruit, vegetables, lentils and beans. I read a devotional and pray in the morning and before bed. This time has been a really great experience and I've had a lot of epiphanies through the process.

MORE: *Shirtless* is on iTunes, Spotify, Amazon Music, Deezer and Apple Music. For more of Davis find him on Facebook, Instagram, Twitter and at davismallory.com



DAVIS ON GETTING SOBER

I celebrated two years sobriety this year.

I'm the son of an alcoholic and was warned by my mother to never drink, however, I began drinking in college. I realised early on using alcohol and drugs was not good for me, but it was hard to stop.

I quit many times but decided to finally quit for good after getting arrested in a drunk fight with two guys. It was my third arrest, and each had been while drunk, so I knew it was going to keep happening in my lifetime unless I quit.

I attended AA meetings when I first quit. I was told to go to 90 meetings in 90 days. I've received a lot of help though the 12-step program and hearing other people's stories at meetings. I encourage anyone to go to a meeting and listen to the stories. It will make you feel less alone and it helped me to stay sober.

I'm now working on a book about this to help others.